

Arthritis

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1.) Main thumb joint (connecting to palm) was causing the individual pain, swelling and reduced motion. Symptom in included stiffness and popping. Allopathic medicine stated future surgery, including the insertion of a pin may be required. A 3W LED with 45 degree focusing lens was given to be used up to 30 minutes a day. Individual reported to use twice a day (morning and evening). Within a couple weeks, a reduction in swelling, pain and increased motion were possible. Within a month, apparent full recovery was observed. Close to year, and the individual's thumb is still recovered.